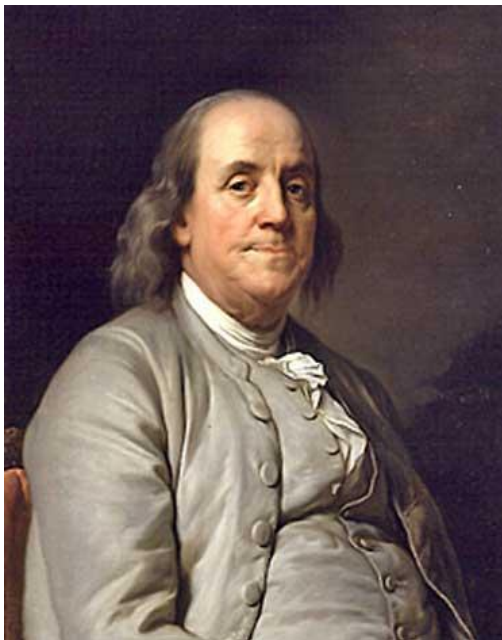


Intrapersonal Intelligence

Self smart: notice moods and changes in others, can identify motives in others' behavior, and relate well with other, introspective and self-reflective capacities. People with intrapersonal intelligence are intuitive and typically introverted. They are skillful at deciphering their own feelings and motivations. This refers to having a deep understanding of the self; what are your strengths/ weaknesses, what makes you unique, can you predict your own reactions/ emotions, prefer to work alone.



Possible opportunities

Psychologists, therapists, salesperson, philosophers, theologians, marine biologists, pilot, police officer, lawyer, counselor, teacher, and writer

You Are an Intrapersonal Learner

Your mantra: To thy own self be true.

Intrapersonal intelligence has been said to be the road to achievement, learning, and personal satisfaction. You are connected to who you are and how you feel, and you know your own limits and abilities. You often set goals for yourself, self-manage, and reflect on results.

Those with intrapersonal intelligence do well in careers where self-management is important.

Tips for the way you learn:

- Study alone in a comfortable yet quiet environment.
- Set goals for yourself, and monitor your progress regularly.
- Reflect on what you have learned, and think through new material.
- Create a connection between new material and subjects you already know, and gain understanding by finding their similarities.



“By failing to prepare, you are preparing to fail.” Benjamin Franklin

